Time Spent in the U.S. in H or L status

List your prior periods of stay in H or L classification in the United States for the last six (6) years. Be sure to only list those periods in which you were physically present in the United States in H or L status.

Do not include periods in which you were in a dependent status, for example, H-4 or L-2 status.

NOTE: Upload Forms I-94, I-797, and/or other USCIS issued documents noting these periods of stay in the H or L classification into TDS, under Immigration History.

Subject's Name	Status (ex: H-1B, H-1B1, H-3, L-1, etc.)	Period of Stay (mm/dd/yyyy)	
		From (enter U.S.)	To (exit U.S.)